


February 2025 Activities Calendar for Shalom Village Apartments

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Menu Week # 1			Location Legend Shalom Village Original- SVO Shalom Village Too- SVToo Movie Theatre – MT Goldies Place- GP Art Room – AR	Location Legend Samuels- SAM Ruth Sherman Centre- RSC Visiting Residents-One on One Bubbi's Cafe- BC Synagogue – SG		1 1:30 SKIP-BO Card Game Outside Rabbi's Office
2 Menu Week # 2	3 Footcare 10:30 Coffee Corner (SVToo 3 rd Floor Lounge) 1:30 Lens Mills 2:00 Technology Help with Tracy (Sign up X274)	4 10:00 Parsha Discussion (SG) 10:30 Banks 10:30 Indoor Walking Group (SVToo 4 th Floor) 1:00 Mapleview Mall 2:00 Bingo (Art Room)	5 11:30 Marianne's Coffee & Chat (Bubbi's Café) 1:00 Casino 2:30 Music with Cantor Paula (SVO 1 st Floor Lounge)	6 10:30 Healthy Planet 10:45 Walkercise (Samuels) 1:30 University Plaza 3:00 Wine Social (SVToo 3 rd Floor Lounge)	7 10:30 Sit to be Fit (SVToo 3 rd Floor Dinning Room Lounge) 1:30 Walmart 2:00 Painting Class (Art Room)	8 1:30 SKIP-BO Card Game Outside Rabbi's Office
9 2:00 Non-denominational Church Service (Goldies Place) Menu Week # 3	10 10:30 SVO Traveling Coffee & Tea Cart 1:30 Denninger's 2:00 Billiards (SVToo 4 th Floor Lounge)	11 10:00 Parsha Discussion (SG) 10:30 Food Basics 10:30 Indoor Walking Group (SVToo 4 th Floor) 12:30 Mandarin Restaurant	12 10:30 Farm Boy 10:30 One on one 1:30 Fortino's Main West 1:30 Euchre with Goldies (Samuels) 3:00 Apartment Resident Townhall (Samuels)	13 10:30 Tu B 'Shevat Service (Synagogue) 1:30 Marshalls/HomeSense 10:45 Walkercise (Samuels) 1:00 Shoppers Westdale 7:00 Happy Hearts Pub (Bubbi's Café)	14 10:30 Sit to be Fit (SVToo 3 rd Floor Dinning Room Lounge) 1:30 Walmart 2:00 Piano with Jacqueline (SVO 1 st Floor Lounge)	15 10:30 Shabbat Service & Kiddush Lunch (Synagogue/Goldies) 1:30 SKIP-BO Card Game Outside Rabbi's Office
16 Menu Week # 1	17 No Housekeeping Due to the Holiday 	18 10:00 Parsha Discussion (SG) 10:30 Indoor Walking Group (SVToo 4 th Floor) 1:30 Giant Tiger 2:00 Bingo (Art Room)	19 10:00 - 1:00 Drop-in Blood Pressure Clinic (Anita's Office 3 rd Floor SVToo) 10:30 Sobey's 1:00 Burlington Mall 1:30 Euchre with Goldies (Samuels)	20 9:30 – 11:00 Breakfast Club Pajamas are Welcome! (SVToo 3 rd Floor) 10:45 Walkercise (Samuels) 1:30 University Plaza	21 10:30 Sit to be Fit (SVToo 3 rd Floor Dinning Room Lounge) 10:30 & 1:30 Walmart 2:00 Painting Class (Art Room) 3:00 Pre-Shabbat Service (Synagogue)	22 10:00 Ohev Zedek (Synagogue) 1:30 SKIP-BO Card Game Outside Rabbi's Office
23 Menu Week # 2	24 Hearing Clinic by Appointment X274 10:30 Knit and Chat (SVToo 3 rd Floor Lounge) 10:30 Banks 1:30 Fortino's Main West	25 10:00 Parsha Discussion (SG) 10:30 Indoor Walking Group (SVToo 4 th Floor) 1:30 Winners	26 Footcare 10:30 One on one 10:30 Metro 12:00 Men's Outing to Sports Billiard & Shoeless Joe's 1:30 Euchre with Goldies (Samuels)	27 10:45 Walkercise (Samuels) 1:30 University Plaza 7:00 Karaoke Café with Tom Cowles (Bubbi's)	28 1:30 Walmart 1:30 Movie Afternoon (Movie Theatre)	



February 2025 Activities Calendar for Shalom Village Apartments

Fun Facts About Your Heart



DID YOU KNOW?

★ "The heart of the blue whale is five feet long and weights 400 pounds" ★

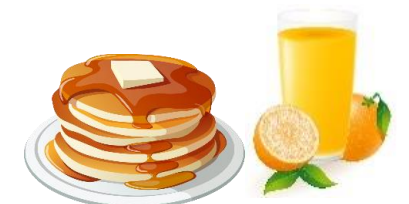
Announcements



Footcare
February 3rd & 26th
To set up your appointment please call Tracy X274

Apartment Resident Townhall
Wednesday February 12th
3:00 pm
SVToo Basement
Samuels

Breakfast Club
Pajamas are Welcome!
Thursday February 20th
9:30- 11:00 am
SVToo 3rd Floor
Dining Room



Shalom Village
Honouring our Fathers and our Mothers

