## July 2024 Activities Calendar for Shalom Village Apartments

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
1:30 SKIP-BO Card Game Outside Rabbi's Office	Menu Week # 1	1 Canada Day 3:00 Canada Day Concert with Escapade SVO Garden Celebrate Celebrate	2 9:00 Exercise Class (The Club) 10:00 Parsha Discussion (SG) 10:30 Walking Group (SVO ME) 11:15 Music with Stories (SAM) 1:30 Giant Tiger	3 10:30 Food Basics 10:30 Knit and Chat (SVToo 3 <sup>rd</sup> Floor Lounge) 1:30 Fortino's Main West 1:30 Euchre with Goldies (Samuels)	4 10:00-2:00 Trishaw Rides (Sign up with Tracy x274) 10:30 Sobey's 10:45 Walkercise (Samuels) 1:30 University Plaza 2:00 Exercise Class (MT)	5 10:30 Traveling Coffee Cart (SVO) 1:30 Walmart 2:00 Painting Class with Anita & Tracy (Art Room)
6 1:30 SKIP-BO Card Game Outside Rabbi's Office	7 Menu Week # 2	8 9:30- 3:30 Hearing Clinic Movie Theatre Sign up with Tracy X274 10:30 Banks/Watch Repairs	9 9:00 Exercise Class (The Club) 10:30 Walking Group (SVO ME) 11:00 Oakville Mall 11:15 Music with Stories (SAM) 11:30 Marianne's Coffee & Chat (Bubbi's Café) 2:00 Bingo (Art Room)	10 10:30 Farm Boy 10:30 One on Ones 1:30 Euchre with Goldies (Samuels) 3:00 Cantor Paula (SVToo 3 <sup>rd</sup> Floor Lounge)	11 10:00-2:00 Trishaw Rides (Sign up with Tracy x274) 2:00 Exercise Class (MT) 1- 4 Co-Design the Future of Shalom Workshop (RSC)	<b>12</b> 10:30 Traveling Coffee Cart (SVToo) 10:30 Walmart 1:30 Walmart 2:00 Wood Painting with Donna & Tracy (Art Room)
13 1:30 SKIP-BO Card Game Outside Rabbi's Office	14 2:00 Non-denominational Church Service (Goldies Place) Menu Week # 3	<b>15</b> 10:30 Metro 10:30 Knit and Chat (SVToo 3 <sup>rd</sup> Floor Lounge) 11:15 Health Talks (Goldies) 2:00 Air Dry Pottery Class (Art Room)	<b>16</b> 9:00 Exercise Class (The Club) 10:30 Walking Group (SVO ME) 10:30 Winners/HomeSense 11:15 Music with Stories (SAM) 1:00 Casino	17 11:00 Hutch's on the Beach 3:00 Apartment Resident Townhall (RSC)	18 10:00-2:00 Trishaw Rides 10:30 Cruise 10:45 Walkercise (Samuels) 1:00 Shoppers Westdale 2:00 Exercise Class (MT) 3:30 Rummoli (Outside Rabbi's Office	19 10:30 One on One 1:30 Walmart 2:00 Painting Class with Anita & Tracy (Art Room)
20 1:30 SKIP-BO Card Game Outside Rabbi's Office	21 Menu Week # 1	22 1:00 Burlington Mall 2:00 Air Dry Pottery Class (Art Room) 7:00 Pub Night with Mike Woods (Bubbi's Café)	23 Fast of Tammuz 9:00 Exercise Class (The Club) 10:00 Parsha Discussion (SG) 10:30 Walking Group (SVO ME) 11:15 Music with Stories (SAM) 1:30 Fortino's Dundurn 2:00 Bingo (Art Room)	24 10:30 Farm Boy 10:30 One on One 1:00 Picnic Park Lunch 3:30 Rummoli (Outside Rabbi's Office)	25 10:00-2:00 Trishaw Rides (Sign up with Tracy x274) 10:45 Walkercise (Samuels) 1:00 Baskin Robins 1:15 Health Talks (Goldies) 2:00 Exercise Class (MT)	26 10:30 Walmart 1:30 Walmart 2:00 Wood Painting with Donna & Tracy (Art Room)
27 10:30 Shabbat Service (Synagogue) 1:30 SKIP-BO Card Game Outside Rabbi's Office	28 Menu Week # 2	29 10:30 Knit and Chat (SVToo 3 <sup>rd</sup> Floor Lounge) 1:30 Banks 2:00 Lemonade Lounge (SVToo 3 <sup>rd</sup> Floor Gazebo)	<b>30</b> 9:00 Exercise Class (The Club) 10:00 Parsha Discussion (SG) 10:30 Walking Group (SVO ME) 10:30 Giant Tiger 11:15 Music with Stories (SAM) 1:00 Mapleview Mall	<b>31 Footcare Today</b> 10:30 One on One 1:30 Healthy Planet 1:30 Euchre with Goldies (Samuels)	<b>Location Legend</b> Shalom Village Original- SVO Shalom Village Too- SVToo Movie Theater – MT Goldies Place- GP Art Room – AR	<b>Location Legend</b> Samuels- SAM Ruth Sherman Centre- RSC Visiting Residents- One on One Bubbi's Cafe- BC Synagogue - SG



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## <u>Announcements</u>

Reminder: No Housekeeping on Canada Day: Monday July 1<sup>st</sup>



Wednesday July 17<sup>th</sup> Apartment Resident Townhall 3:00 pm Ruth Sherman Centre



Footcare

Wednesday July 31st To set up your appointment please call Tracy X274



